

# MASTERY MAP

THERE ARE FIVE LEVELS TO REACH MASTERY IN ANY GIVEN SECTION OF ENIXA. IT'S VERY LIKELY YOU WILL BE AT DIFFERENT LEVELS IN DIFFERENT SECTIONS.



## 1. UNDERSTANDING

- You have watched all the videos, read all the articles and completed all the exercises in this section.
- You have a theoretical understanding of the beliefs, behaviors and practices covered within this section.
- You understand what to do.
- You feel more confident because you have a bigger toolbox.

## 2. REFLECTING

- You notice when you act in ways that align or misalign with the beliefs, behaviors and practices in this section.
- You see things you haven't seen before; even though you may be looking at the same thing.
- You feel like you're seeing things in slow motion, allowing you to make better choices in the moment.

## 3. INTEGRATING

- You have integrated the beliefs, behaviors and practices in this section into your daily life.
- You take few missteps but when you do, you get back on course quickly.
- This is now how you do things.
- You are getting more done with less effort and others are noticing.
- You feel a real sense of momentum; like you're on a roll.

## 4. EXTERNALIZING

- You are teaching the beliefs, behaviors and practices in this section to others.
- Your motive is contribution, not ego.
- You are discovering new insights, subtleties and nuances that take your own practice up a notch.
- You feel like you are making a positive difference to the lives of others.

## 5. PERSONIFYING

- You are a living, breathing example of what's possible.
- You apply the beliefs, behaviors and practices in your own unique way; like jazz.
- This is now who you are.
- You are the benchmark against which others measure themselves.
- You feel like you are in the zone and anything is possible.

## SELF REFLECTION: What is the evidence to support your having reached this level of mastery?

• Actions you've taken or practices you've implemented

• Beliefs you've changed or adopted

• Emotions you've experienced

• Feedback others have given you

• Objective measures of your progress

## RATE YOURSELF

USING THE EXPLANATIONS FOR THE FIVE LEVELS OF MASTERY, AND THE SELF REFLECTION QUESTIONS ABOVE, RATE YOUR LEVEL OF MASTERY FOR EACH OF THE SECTIONS IN ENIXA RIGHT NOW

### MY PATH FOR INDIVIDUALS



### BELIEVE IN YOURSELF AND OTHERS

### GET A GAME YOU CAN WIN

### BUILD TRUST

### COMMUNICATE WITH IMPACT

### MAINTAIN MOMENTUM



### OUR PATH FOR TEAMS & ORGANIZATIONS

### AGREE THE GAP AND COMMIT

### DEFINE YOUR ASPIRATIONS AND PRIORITIES

### ALIGN YOUR GOALS AND DELIVERABLES

### TELL YOUR STORY AND SEND STRONG SYMBOLS

### INCREASE YOUR MEETING EFFECTIVENESS

